



Apr 17, 2024 Conference

Reactivity & Relationships:

Widening the Lens with Bowen Theory and Polyvagal Theory

What is going on in my brain and body when I interact in my relationships?

Can this neurophysiological understanding help me do better with myself and with others? This conference aims to increase one's understanding of how people function in relationships from the perspectives of Bowen theory and Polyvagal theory.

Meet our speakers



Stephen W. Porges, Ph.D

Originator of Polyvagal theory, creator of a music-based intervention, the Safe and Sound Protocol™



Victoria Harrison, MA, LMFT

Specializes in integrating biofeedback and neurofeedback with family systems psychotherapy

Join us online on **April 17, 2024 9am to 4pm**
Register at livingsystems.ca