

## Tuition

The tuition for first year is \$3,800 due on the first day of the class in October. There is an \$95 administrative processing fee. **Applications are generally due by July 1st.**

Tuition for second year is \$2,300

## Faculty

Faculty and supervisors of the program have extensive training and experience in the use of Bowen Theory in therapy. Randy Frost, M.Div, RCC, the Director of the Training program, trained under Dr. Bowen; and Lois Walker, M.Div, RCC completed the post graduate program founded by Dr. Bowen. Dr. Michael Kerr and Dr. Daniel Papero of the Bowen Center for the Study of the Family, Washington, DC serve as adjunct faculty.

**The Clinical Internship Program in Marriage and Family Therapy and Pastoral Counselling is registered with the Private Career Training Institutions Agency of BC.**



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*Education, Training and Research*

Living Systems is a leading West Coast provider of counselling, education, training & research based on Bowen family systems theory.

Living Systems is a registered charity. The work of the Society is supported by donations, memberships and grants.

[www.livingsystems.ca](http://www.livingsystems.ca)

**For program information and applications procedures, contact:**

Randall Frost  
Director of Training and Research  
Living systems

Business office:  
209-1500 Marine Drive  
North Vancouver, B.C.  
V7P 1T7

(604) 926-5496 Ext. 304

[Livingsystems@telus.net](mailto:Livingsystems@telus.net)



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## Clinical Internship Program in Marriage and Family Therapy and Pastoral Counselling

RANDALL FROST, M. Div, RCC  
DIRECTOR OF TRAINING & RESEARCH

TWO YEAR, PART-TIME PROGRAM

OCTOBER TO JUNE  
NORTH VANCOUVER, BC

[www.livingsystems.ca](http://www.livingsystems.ca)



# Clinical Internship Program in Marriage and Family Therapy and Pastoral Counselling

Living Systems is an organization committed to the use of Bowen family systems theory in its clinical work, training and education programs, and research endeavors.

The training program is a two year, part time program for clinicians and other professionals interested in learning to 'think systems' about human behavior and how to apply it. Trainees ordinarily either have or are pursuing a Masters degree in their field.

The first year of the program provides a thorough introduction to Bowen theory. Trainees read most of Bowen's papers in order to work toward a solid intellectual grasp of the theory. The second year provides an opportunity to specialize in particular areas of interest.

## Theory and Practice

Knowledge of theory and the ability to apply theory to one's own functioning is considered essential for the development of clinical excellence. Emphasis is placed on assisting trainees to understand their functioning in their own family and to develop a systems orientation to life. Trainees accordingly receive supervision of work in their own families as well as their work with clinical families.

## Pastoral Counselling

The program includes an opportunity to learn pastoral counselling from a systems perspective. Trainees learn how to work with families for whom religious faith or spirituality is important. The development of personal beliefs and principles, whether or not they are seen as spiritual or religious, is integral to defining a more solid self. The program is unique in its integration of systems theory with pastoral counselling.

## Natural Sciences

Dr. Bowen's effort to think toward the natural sciences is also represented in the internship. Students are exposed to current thinking in such areas as brain research, the stress response, primatology, immunology and evolution.

By focusing on the common biological bases of human behavior, the theory provides an approach that transcends culture.

Previous interns from disparate cultures have found the concepts of Bowen theory applicable to their own families and to families of their culture.

## Research

The internship program also introduces interns to systems research. Interns are encouraged to do small clinical research projects that use family systems theory to generate hypotheses that are then evaluated on the basis of clinical evidence. The efforts to think toward science offers students an opportunity to contribute to knowledge about human behavior from a systems perspective.

## Program Structure

The training group meets once a week for four hours from early October through mid June, approximately 36 weeks. Two hours each week are devoted to discussion of assigned readings. Two hours are spent in group supervision of trainee's work in their own families, with clinical families or in situations drawn from their work systems. Trainees have monthly individual supervision.

Trainees are expected to participate in monthly clinical conferences held by Living Systems counsellors. The training program also provides opportunities for interns to learn from leading experts in the field by attending one conferences offered by Living Systems each year.

Starting in January, trainees may begin a practicum and see Living Systems clients or they may present families they are seeing in other settings for supervision.

Students in the Clinical Internship Program may use clinical hours and supervision time toward accreditation by such groups as the B.C.A.C.C. or the A.A.P.C. Students in Masters programs often can use the training program toward fulfilling requirements for their degree.

### **The hourly breakdown of the first year of the program is approximately as follows:**

- lecture/discussion 64 hours
- Group supervision 64 hours
- Individual supervision 9 hours
- Monthly clinical conferences 27 hours
- Society conferences 12 hours

### **The second year of the program, trainee's meet bi-weekly from October through mid June, approximately 36 weeks. The hourly breakdown is as follows:**

- lecture/discussion 32 hours
- Group supervision 32 hours
- Individual supervision 9 hours
- Monthly clinical conferences 27 hours
- Society conferences 12.