

# Chronic Illness and the Family

March 23 & 24, 2018 (Friday/Saturday)  
at St. Paul's Hospital, Vancouver, BC

with Dr. Steve Cole, Dr. Michael Kerr and Joan Jurkowski

Video Live-streaming option!

register early at  
[www.livingsystems.ca](http://www.livingsystems.ca)

**GROUP RATE**  
Available  
for Video  
Live-streaming

Early bird  
deadline  
**March 9**



## Conference Schedule

### Day 1 - Friday, March 23rd

8:00 am	Registration
8:35	Introductions
9:00	<i>Core Ideas in Bowen Family Systems Theory</i> with Dr. Michael Kerr
10:30	Q & A
10:45	Break
11:15	<i>Social Regulation of Human Gene Expression</i> with Dr. Steve Cole
12:45 pm	Q & A
1:00	Lunch
2:30	<i>Clinical Examples: Chronic Illness and the Family</i> with Dr. Michael Kerr
3:30	Q & A
3:45	Panel Discussion
4:45	Close

### Day 2 - Saturday, March 24th

8:30 am	<i>A Systems Theory of Cancer</i> with Dr. Michael Kerr
10:00	Q & A
10:15	Break
10:45	<i>Neural Regulation of the Cancer Genome</i> with Dr. Steve Cole
12:15	Panel Discussion
1:00 pm	Lunch
2:30	<i>Family Emotional Process and Cancer</i> with Joan Jurkowski
3:30	Q & A
4:00	Close

## Conference Location/Parking

Cullen Family Lecture Theatre,  
Conference Centre, Providence, Level 1  
St. Paul's Hospital 1081 Burrard Street Vancouver, BC V6Z 1Y6

For information please visit:

[conferencecentre.providencehealthcare.org/location](http://conferencecentre.providencehealthcare.org/location)

## Accommodations

\$139 a night, Century Plaza Hotel  
& Spa. Contact 1-800-663-1818. Quote the title of this conference.  
First come, first serve.

See PAGE 2 for Speaker and Registration Details

# Conference Description

Bowen family systems theory describes emotional patterns of functioning in the family that contribute to the development of physical, psychiatric, and social symptoms. Every chronic illness includes an emotional process that operates in both the family and in the person who develops the illness. The emerging field of social genomics has begun to identify how social relationships and genes interact to shape susceptibility to disease. For most of us, our family is

the most influential set of relationships we have, both as children and as adults. This conference will explore how emotional process in the family can interact with the expression of certain genes in members of the family that affect our behaviour and our health. In addition, the conference will examine the possibility that modifying patterns of family interaction may alter the expression of genes linked to health and illness.

## Speakers

**Dr. Michael E. Kerr** is a family psychiatrist who has studied the possible influence of the family in the creation and course of cancer and other chronic illnesses throughout his career. Dr. Kerr was a close colleague of Dr. Bowen and succeeded him as Director of the Georgetown Family Center in Washington, DC. He is co-author with Dr. Bowen of the book *Family Evaluation* and is writing another book entitled *The Hidden Life of Families*. He is currently director of the Bowen Theory Academy.

**Dr. Steve Cole** is a Professor of Medicine and Psychiatry and Biobehavioral Sciences in the UCLA School of Medicine. His research maps the biological pathways by which social environments influence gene expression, including genes that affect replication of viruses like HIV, the response of

the immune system, and the progression and metastasis of cancer. Dr. Cole pioneered the field of human social genomics and supports a world-wide array of research programs as Director of the UCLA Core Laboratory of Social Genomics. Steve Cole is also a gifted presenter of his research.

**Joan Jurkowski** is a registered LCPC who is on the faculty of the Bowen Center for the Study of the Family and has a private practice in Baltimore, Maryland. She has a longstanding personal and professional interest in the relationship between family emotional process and cancer.

## Learning Objectives

- To learn about a family system's approach to the treatment of Chronic Illness.
- To explore how emotional process in the family can interact with the expression of certain genes in members of the family that affect our behaviour and our health
- To explore how the therapist's thinking guides the process of therapy.

## Registration Form

Register on line at [www.livingsystems.ca](http://www.livingsystems.ca) or Mail or fax completed application form to:

Living Systems, 209-1500 Marine Drive, North Vancouver, BC V7P 1T7 • Ph 604 833 8791 • Fax 604 973 0272 • [info@livingsystems.ca](mailto:info@livingsystems.ca)

For those paying by cheque please make payable to Living Systems (US participants send a money order in Cdn funds).

Name \_\_\_\_\_ Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Ph \_\_\_\_\_ E-mail \_\_\_\_\_

Profession or work place \_\_\_\_\_

How did you hear about the conference? (please name a person or organization) \_\_\_\_\_

Can we include you on our conference e-mail list? \_\_\_\_\_ (yes/no)

### REGISTRATION FEE (please check)

	Before Mar. 9th	After March 9th
Non-member fee	<input type="checkbox"/> \$279	<input type="checkbox"/> \$299
Member's fee	<input type="checkbox"/> \$259	<input type="checkbox"/> \$279
Group fee (4 or more) * same agency/fee per person	<input type="checkbox"/> \$239 *	<input type="checkbox"/> \$259 *
Group fee (4 or more) * Live-streaming/fee per person	<input type="checkbox"/> \$200 *	<input type="checkbox"/> \$229 *
Full-time Student fee	<input type="checkbox"/> \$170	<input type="checkbox"/> \$190

Total registration fee \$ \_\_\_\_\_ \$ \_\_\_\_\_

### To register

Visa or  MasterCard (check one)

Expiry date \_\_\_\_\_

Credit card number \_\_\_\_\_

Name on credit card \_\_\_\_\_

Signature \_\_\_\_\_

**"Video Live-Streaming" option - Select this box**

A URL will be e-mailed the week of the conference. Participants can also watch the conference up to 3 weeks after it has been live. On the day of the conference please direct technical questions to Dave 778 988 3784; [dave.galloway@livingsystems.ca](mailto:dave.galloway@livingsystems.ca) or Mark 604 720 5889.

Participants should be able to watch YouTube videos or Netflix or do live video calls on the device they plan to use. The quality will depend on your internet speed and connection.

**IMPORTANT:** Please note, if you've chosen to be there in person you cannot change to live streaming after the early bird deadline

*Registration fee: the registration fee is refundable less \$40 before March 1, 2018 and only refundable after March 1, 2018, for emergencies as determined by Living Systems.*

**Register early, seats are limited! A letter of attendance will be available for CE credit purposes**



Living Systems is a leading West Coast provider of programs based on Bowen family systems theory and has been offering conferences since 1993 featuring speakers from related disciplines across North America.

[www.livingsystems.ca](http://www.livingsystems.ca)